

Bangor & Holyhead Methodist Circuit

Our worship for this week was written by Paul Eckersley. You may wish to have your Bible to hand. Please note the hymns are now at the back of the sheet for ease of printing. CCLI licence 556292

Circuit Worship Sheet for 9th August 2026

Call to Worship

Psalm 105:1-6,16-22.

Hymn 137(StF) New every morning is the love.

Opening Prayers.

We come to you Father, to ask that you will be with us, as we come to our time of worship.

We thank you for all the good gifts that you give us, for the warmth of family and friends, for time of refreshment and peace as we go on our holidays or have time off.

We thank you for you Holy Spirit, may it be close to us now. In all the dealings of our life.

We thank you for the death and resurrection of our Lord, that through him all our sins are forgiven. We ask that you forgive those thoughts, deeds and words that may have gone against all those things that we believe in.

Send us your Spirit that we may grow more closer to you and to those around us.

Amen

The Lord's Prayer

Our Father in heaven,
hallowed be your Name
your kingdom come,
your will be done
on earth as on heaven.
Give us today our daily bread
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power and the glory are yours,
now and for ever. Amen

Hymn 353(StF) Jesus is Lord! Creation's voice proclaims it

Reading Matthew 14:22-33

Reading Romans 10:5-15

Reflection

Grace in the Midst of the Storm

Matthew 14:22–33. Jesus calms the storm.

There is a moment in Matthew's Gospel that speaks directly to the quiet anxieties we carry today. The disciples are in a boat, tossed about by the wind in the dark hours before dawn. How often does modern life feel like that very boat? We look around at a world shaken by economic insecurity, relentless headlines, and the personal worries that keep us awake at three in the morning. We can easily feel adrift, battered by winds beyond our control.

It is precisely into this tempest that Jesus comes walking on the water, speaking words that echo down through the centuries: "Take courage! It is I. Don't be afraid."

Peter, impetuous and bold, responds: "Lord, if it's you, tell me to come to you on the water." And Jesus says a single, inviting word: "Come."

John Wesley reminded us that God's grace always precedes us - what we call **prevenient grace**. God does not wait for us to possess perfect, unflinching courage before calling us into deep waters. Peter steps out onto the churning sea not because he is superhuman, but because his eyes are fixed on Christ.

Yet, as soon as Peter takes his eyes off Jesus and focuses on the swirling wind, he begins to sink. Here is where the warmth of the Gospel shines brightest for us. Peter cries out, "Lord, save me!" And Scripture records: Immediately Jesus reached out his hand and caught him.

What does this mean for us today as Christians navigating a fast-paced, uncertain modern world?

It means that faith is not the absence of fear, nor is it waiting until we feel entirely secure before stepping out in love and service. Consider a simple, practical moment in your week: perhaps you feel prompted to support a neighbour, speak out against injustice in your community, or forgive someone who hurt you. The winds of hesitation, self-doubt, and fear will blow. You might feel yourself sinking.

Be encouraged: Christ's hand is already outstretched. When our human strength falters, His holding grace does not. We are held within a divine Connexion - bound together in fellowship by a love that will never let us go.

As you go out into the week ahead, do not fixate on the height of the waves. Keep your eyes fixed on Jesus. Take courage, step out of the boat, and trust that the arms of mercy are always strong enough to hold you fast. Amen.

Hymn 356(StF) Jesus shall take the highest honour

Prayers of Intercession

We prayer for your world, for all conflicts, that peace may come in all these situations. We remember the Iran/USA conflict let them find a sensible and long-lasting peace. For all wildfires in Europe and here in Wales, may you give strength to all the emergence services at this arrowing time.

Lord in your mercy Hear our prayer

We prayer for our own county, especially for our new Prime Minister has he try to be a servant for this country, let him serve his people and look to you for guidance, we prayer that all elected member of the UK and Wales governments will serve the communities with grace and compassion.

Lord in your mercy Hear our prayer

We prayer for those in need, for those who are ill. We lift to you all those who are known to you. May thy feel the Spirit of God in their lives, so thy may get strength, peace and comfort.

Lord in your mercy Hear our prayer

We prayer for our friends, family and ourselves, especially those who have moved to a new career and to all young people has thy embark on a new life at university may we all look to you and may your Holy Spirit, refresh us all.

For these and other prayers, we ask through our Lord Jesus Christ.

Amen.

Hymn 250(StF). Jesus calls us! O'er the tumult

The Grace

Hymn 137

- 1 New every morning is the love
 our wakening and uprising prove ;
 through sleep and darkness safely brought,
 restored to life, and power, and thought.
- 2 New mercies, each returning day
 hover around us while we pray ;
 new perils past, new sins forgiven,
 new thoughts of God, new hopes of heaven.
- 3 If on our daily course our mind
 be set to hallow all we find,

new treasures still, of countless price,
God will provide for sacrifice.

4 Old friends, old scenes, will lovelier be,
as more of heaven in each we see ;
some softening gleam of love and prayer
shall dawn on every cross and care.

5 The trivial round, the common task,
will furnish all we ought to ask ;
room to deny ourselves, a road
to bring us daily nearer God.

6 Prepare us, Lord, in your dear love
for perfect rest with you above ;
and help us, this and every day,
to live more nearly as we pray.

John Keble (1792–1866)

Hymn 353

1 Jesus is Lord ! Creation's voice proclaims it,
for by his power each tree and flower was planned and made.
Jesus is Lord ! The universe declares it ;
sun, moon and stars in heaven cry : Jesus is Lord !

Jesus is Lord ! Jesus is Lord !

Praise him with alleluias, for Jesus is Lord !

2 Jesus is Lord ! Yet from his throne eternal
in flesh he came to die in pain on Calvary's tree.
Jesus is Lord ! From him all life proceeding —
yet gave his life a ransom, thus setting us free.

3 Jesus is Lord ! O'er sin the mighty conqueror,
from death he rose ; and all his foes shall own his name.
Jesus is Lord ! God sends his Holy Spirit
to show by works of power that Jesus is Lord.

David John Mansell (b. 1936)

Hymn 356

Jesus shall take the highest honour,
Jesus shall take the highest praise ;
let all earth join heaven in exalting
the Name which is above all other names.
Let's bow the knee in humble adoration,
for at his name every knee must bow.
Let every tongue confess he is Christ, God's only Son.
Sovereign Lord we give you glory now.

*For all honour and blessing and power
belongs to you, belongs to you.*

*All honour and blessing and power
belongs to you, belongs to you,
Lord Jesus Christ, Son of the living God.*

Christopher Alan Bowater (b. 1947)

Hymn 250

- 1 Jesus calls us ! O'er the tumult
of our life's wild restless sea,
day by day his voice is sounding,
saying : 'Christian, follow me.'
- 2 As of old apostles heard it
by the Galilean lake,
turned from home and toil and kindred,
leaving all for his dear sake.
- 3 Jesus calls us from the worship
of the vain world's golden store,
from each idol that would keep us,
saying : 'Christian, love me more.'
- 4 In our joys and in our sorrows,
days of toil and hours of ease,
still he calls, in cares and pleasures :
'Christian, love me more than these.'
- 5 Jesus calls us ! By your mercies,
Saviour, may we hear your call,
give our hearts to your obedience,
serve and love you best of all.

Cecil Frances Alexander (1818–1895)

Reproduced from *Singing the Faith* Electronic Words Edition, number 250 .