

Bangor & Holyhead Methodist Circuit Sunday Worship sheet 3rd May

**Our worship for this week was written by The Vine at Home 12 Baskets. You may wish to have your Bible to hand. Please note the hymns are now at the back of the sheet for ease of printing.
CCLI licence 55629**

Hymn StF 502 I know that my Redeemer lives

Opening Prayers

Lord of my life,
Lord of every life,
I give you thanks for this world, the beauty
that is all around me, the people with whom
I share my life.

Let my soul sing out in awe and wonder, Let me give
thanks.

Lord of all life,
I know, though, that sometimes I forget the wonder of your world.
I don't respect and protect the beauty that surrounds me, everyday.
I can be unthinking and uncaring towards the people with whom I share this world.

I am sorry for the harsh words, the unsaid words, the times when my actions have caused pain.
I ask for your forgiveness.

Breathe new life into me, this day, I pray.

As you breathe that new life into me, show me how to breathe deeply.

Giving thanks,
Appreciating all I have.

Amen.

You may now wish to say the Lord's Prayer in a version or translation with which you are familiar.

Reading: John 14:1-14 – [Click for reading](#)

Reflection on the reading:

"Do not let your hearts be troubled."

Jesus speaks these words at a moment of deep uncertainty. The disciples can sense that something is ending: the future feels unclear, fear is close to the surface.

And into that space, Jesus does not offer a detailed plan or easy answers. He offers presence and trust.

“Trust in God; trust also in me.”

Then come the familiar words: “In my Father’s house there are many dwelling places...” These verses have often been interpreted as a promise about heaven, and it seems likely this is what they are about, but they also speak to something more immediate. They speak of belonging, of spaciousness, of a God whose presence is wide enough to hold all of who we are.

Jesus is not describing a narrow path that only a few can find. He is revealing a relationship: a way of being rooted in love.

When Thomas asks, “How can we know the way?” Jesus responds: “I am the way, and the truth, and the life.”

For many, this has sounded exclusive. But perhaps Jesus is not drawing boundaries so much as offering direction. The “way” is not a set of doctrines, it is a way of living shaped by love, justice, compassion, and truth. Jesus is a direction of travel: it is more important which way you are facing, than how far you have come.

To follow “the way” of Jesus is to walk the path he walks: welcoming the outsider, challenging injustice, embodying grace. Then Jesus says something astonishing: “The one who believes in me will also do the works that I do and, in fact, will do greater works than these.”

This is not about power or prestige; it is about participation. Jesus invites his followers not just to admire his life, but to continue it, to become vessels of healing, reconciliation, and hope in the world.

For those of us navigating faith today, this passage offers both comfort and challenge:

- Comfort, because we are reminded that we are not alone, there is space for us in God’s presence.
- Challenge, because we are called not just to believe, but to live in a way that reflects that love.

So today, reflect on this:

- What does it mean for you to trust, especially in uncertain times?
- How might you follow “the way” of Jesus in your relationships, your work, your community?
- Where are you being invited to take part in the “greater works” of compassion and justice?

Jesus does not give us a map. He gives us himself: a way to walk, a truth to embody, a life to share. May you walk that way with courage, trust the truth that sets you free, and live the kind of life that brings hope to the world.

Hymn StF 665 Make us your prophets Lord

Prayers and Prayer Pointers For This Week

Monday 4th May

- On this day in 1256 (yes, 770 years ago!), the Augustinian monastic order was formally constituted by the Pope, officially recognising a community of people living by the rule of Saint Augustine (from another 800 years before that!), and which still exists in various forms today.
- The monastic orders have contributed a great deal to the life of Christianity across many centuries, usually with a rooting in a rhythm of prayer. You might like to research or ask about any similar communities of prayer in your area or meeting digitally. Pray for those who pray for us, today.

Tuesday 5th May

- In the UK, we marked St George's Day a couple of weeks ago, some of us with a sense of anxiety as the St George's Flag has become a contested symbol in recent years, having been partly co-opted by the alt-right and used as a symbol of exclusion.
- Today, however, is the Feast of St George (or Al-Khidr in the Arabic) in Palestine. A celebration that began during Christian rule, but has become a shared feasting day for both Muslims and Christians in the region. Amongst the conflict currently happening in Palestine, let us pray for them on a day that connects the patron saint of England with the Holy Land.

Wednesday 6th May

- 'We shall go out with joy, and be sent forth with peace...'
- What does your 'going out' look like today? Are you leaving the house and meeting people, visiting shops, or going to work? Are you looking out through your window to the world beyond?
- As you interact with the world outside of your own private spaces, pray for the people you see, meet, or think about. If appropriate, you might like to ask someone if there is anything you can pray for this week.

Thursday 7th May

- Hold a moment of stillness today. If you can, make it as long as 10-15 minutes.
- During the quiet, simply offer into God's hands the things that are weighing you down or worrying you.
- 'Come to me all who are weary and heavy-laden, and I will give you rest'.

Friday 8th May

- Today is the anniversary of the day in 1945 when World War II officially ended in Europe.
- Today, in 2026, there is still war in Europe, and today we pray for peace, for all involved in or affected by conflict, for political and business leaders and the roles they can play for good.
- Come, Prince of Peace. Come, Lord of Light.

Saturday 9th May

- Today, when you eat, take a moment to think of all the people involved in bringing this food to your table, to your plate.

- Give thanks for the farmers, the shopkeepers, the transport drivers, and the miracle of modern life.
- Perhaps take slightly longer to eat than you usually do, to appreciate the food in front of you and the gift of God's grace.

Hymn StF 563 O Jesus I have promised

Blessing

Lord of life,
 Giver of hope,
 Bringer of light, Healer of rifts,
 May I see you with me on the journey this day, this week, and beyond.

Amen.

Hymn StF 502

- 1 I know that my Redeemer lives,
 and ever prays for me ;
 a token of his love he gives,
 a pledge of liberty.
- 2 I find him lifting up my head,
 he brings salvation near,
 his presence makes me free indeed,
 and he will soon appear.
- 3 He wills that I should holy be ;
 what can withstand his will ?
 The counsel of his grace in me
 he surely shall fulfil.
- 4 Jesus, I hang upon your word ;
 I steadfastly believe
 you will return and claim me, Lord,
 and to yourself receive.
- 5 Your love I soon expect to find
 in all its depth and height,
 to comprehend the eternal mind,
 and grasp the Infinite.
- 6 When God is mine, and I am his,
 of paradise possessed,
 I taste unutterable bliss
 and everlasting rest.

Charles Wesley (1707–1788)

Hymn StF 665

- 1 Make us your prophets, Lord,
 who truly hear your word,
 which fires us with your Spirit's inspiration.
 In all we say and do
 prove that your love is true,
 the hope and source of peace for every nation.

- 2 And when we fail to love
 or set ourselves above
 our neighbours with their different ways of seeing,
 bring us with all our pride
 where Jesus, crucified,
 for love of all committed his whole being.
- 3 Give us his love that shares
 our neighbours' pain, and dares
 to suffer enmity and condemnation.
 Whether we live or die
 help us to prophesy,
 proclaiming peace and reconciliation.
- 4 Though we live quietly,
 with no authority,
 yet feeble faith in us may show your goodness ;
 and though we may not see
 how crucial it may be,
 our faltering love may show your loving kindness.
- 5 In faith and hope we pray,
 use us to serve that day
 when bigotry and hatred are defeated,
 when perfect peace is won
 and lasting justice done,
 with love's eternal promises completed.

Alan Gaunt (*b.* 1935) .

Hymn StF 563

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| <p>1 O Jesus, I have promised
 to serve you to the end ;
 Lord, be for ever near me,
 my master and my friend ;
 I shall not fear the battle
 if you are by my side,
 nor wander from the pathway
 if you will be my guide.</p> <p>2 O let me feel you near me ;
 the world is ever near ;
 I see the sights that dazzle,
 the tempting sounds I hear ;
 my foes are ever near me,
 around me, and within ;
 but, Jesus, now draw nearer,
 and shield my soul from sin.</p> <p>3 O let me hear you speaking
 in accents clear and still,
 above the storms of passion,
 the murmurs of self-will ;</p> | <p>O speak to reassure me,
 to hasten or control ;
 Lord, speak, and make me listen,
 O guardian of my soul.</p> <p>4 O Jesus, you have promised
 to all who follow you,
 that where you are in glory
 your servant shall be too ;
 and, Jesus, I have promised
 to serve you to the end ;
 O give me grace to follow
 my master and my friend.</p> <p>John Ernest Bode (1816–1874)</p> |
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